



PATCHING SUPERHEROES

STARTER CHECKLIST

FIRST STEPS

- Save & print this document.
- Find & save/print your order email.
- Notate Your Customer ID:

- Notate Your Sponsor (whose store):

- Email/password used for account:

RESOURCES TO SAVE/BOOKMARK

- [Patching Superheroes Website](http://patchingsuperheroes.com) (patchingsuperheroes.com)
- [Team Evolve Education Site](http://startx39now.com) (startx39now.com)
- [Team Evolve YouTube Channel](https://youtube.com/@teamevolve) (youtube.com/@teamevolve)
- [Dr. Staci's YouTube Channel](https://youtube.com/@DrStaci) (youtube.com/@DrStaci)

ACTION ITEMS

- Attend the [Patching Podcast](http://patchingpodcast.com) (patchingpodcast.com) - daily zooms for success stories.
- Take before pictures of yourself.
- Download and print [the tracking form](#) to track your progress.
- Invite people to the [Patching Podcast](#) to share.
- Learn how to [add or update your monthly subscription order](#).
- Add your subscription date to your calendar.

QUESTIONS/SUPPORT

- For questions about the product or business, contact your **sponsor**.
- Contact customer service **ONLY** about your orders or account.
- Customer Service Phone number:** [1-866-202-0065](tel:1-866-202-0065) - expect long wait times, but they can help. you.
- Have your **Customer ID** handy when talking to Customer Service.
- Use **Live chat** on Lifewave.com during working hours.